

Wetlands Solutions *for the Future*

Learning from ALFAwetlands and
REWET Projects

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From Pilot Restoration to Basin-Scale Renaturation: Lessons from the Po River Open Lab

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Restoring wetlands through river basin planning

EU POLICY FRAMEWORK: MULTIPLE OBJECTIVE



Water Framework Directive
Protect and improve water-body
body status



Floods Directive
Reduce and manage flood risk



**EU Nature Restoration
Regulation**
Recover resilient ecosystems

River Basin Planning



WIN-WIN MEASURES



Restore river–floodplain connectivity

One intervention, multiple policy objectives.

The Po River: a planning challenge



Riverbed incision is the result of overlapping human pressures and structural changes across the twentieth century.



Sediment extraction

Intensive gravel and sand extraction altered the river's morphological balance



Defence and navigation structures

Embankments and training works concentrated erosive energy on the riverbed



Isola Serafini dam

Built in 1962, it interrupted downstream sediment transport and transport and accelerated incision

The Lanca di Gussola is one example of the broader loss of lateral connectivity resulting from these long-term morphological changes

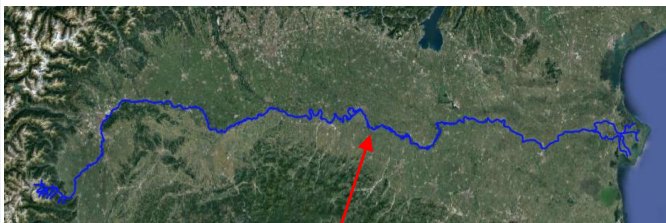
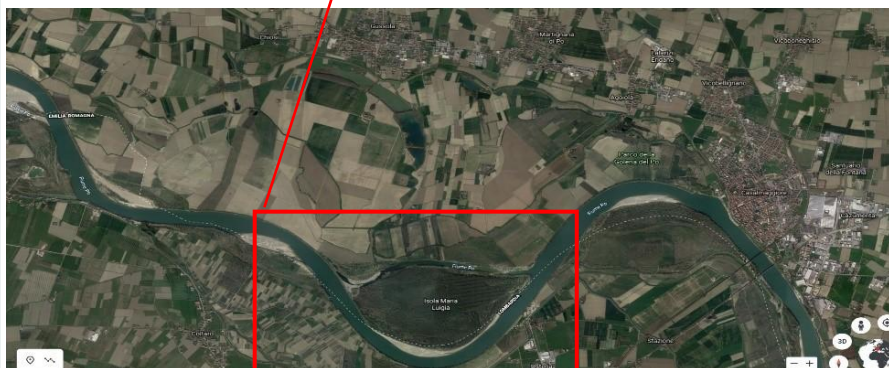
From Planning to Field Action

Policy instruments become site-specific restoration through a shared sediment-management pathway



Gussola: Restoring lateral connectivity

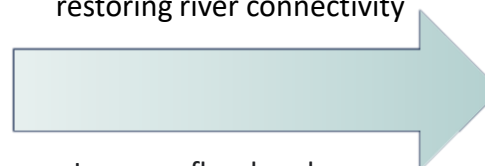
BEFORE – Low connectivity
(~4,000 m³/s)



October 2022 – April 2023



Lowering the navigation groyne and
restoring river connectivity



Increase flood exchange
Re-activate the side channel

Reduce main-channel flow during major floods

FSC
Fondo per lo Sviluppo
e la Coesione

MINISTERO DELL'AMBIENTE
E DELLA SICUREZZA ENERGETICA

ADBPO
Autorità di bacino distrettuale del fiume Po

AIPo
Agenzia Interregionale per il fiume Po

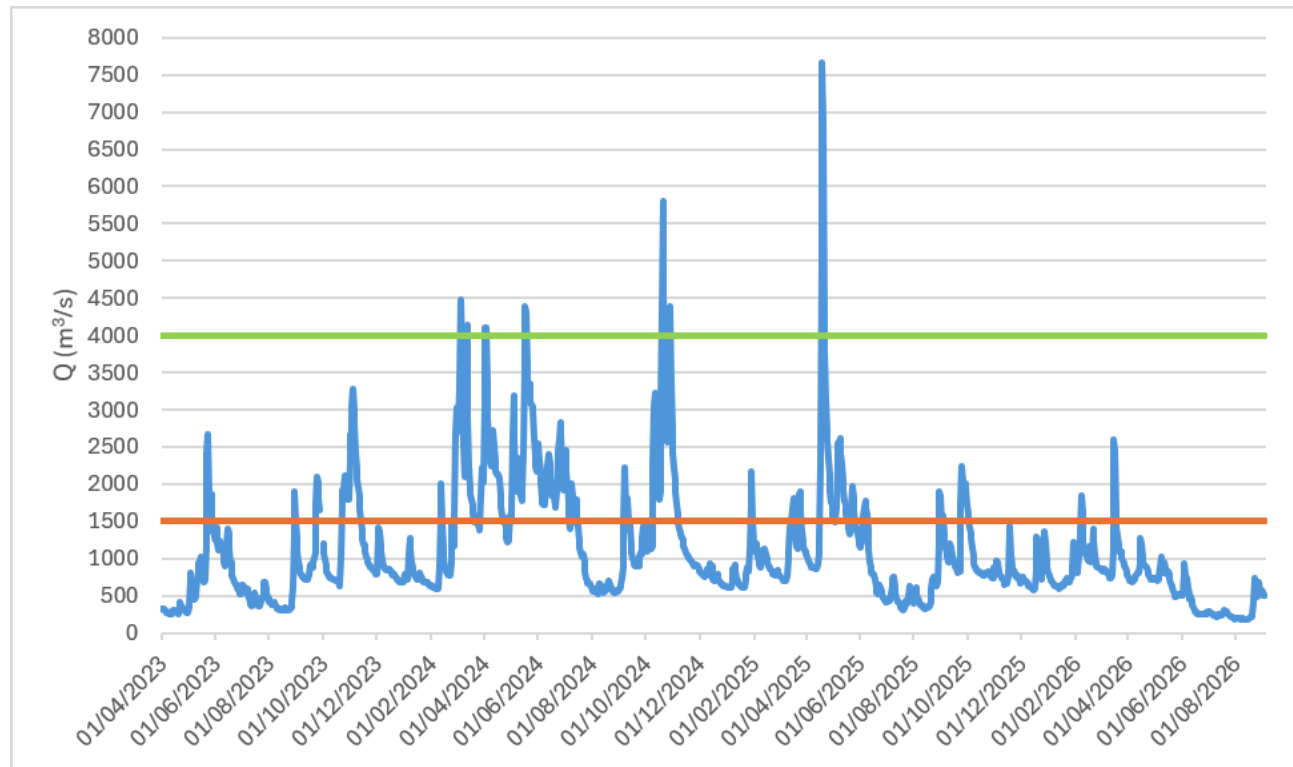
REWET Open Lab 6 provided the
opportunity for coordinated pre- and
post-intervention monitoring

AFTER - Restored connectivity
(~1,500 m³/s)



From restoration action to measurable hydraulic change

Lowering the groyne reduced the overtopping threshold from $\sim 4,000$ to $\sim 1,500$ m³/s



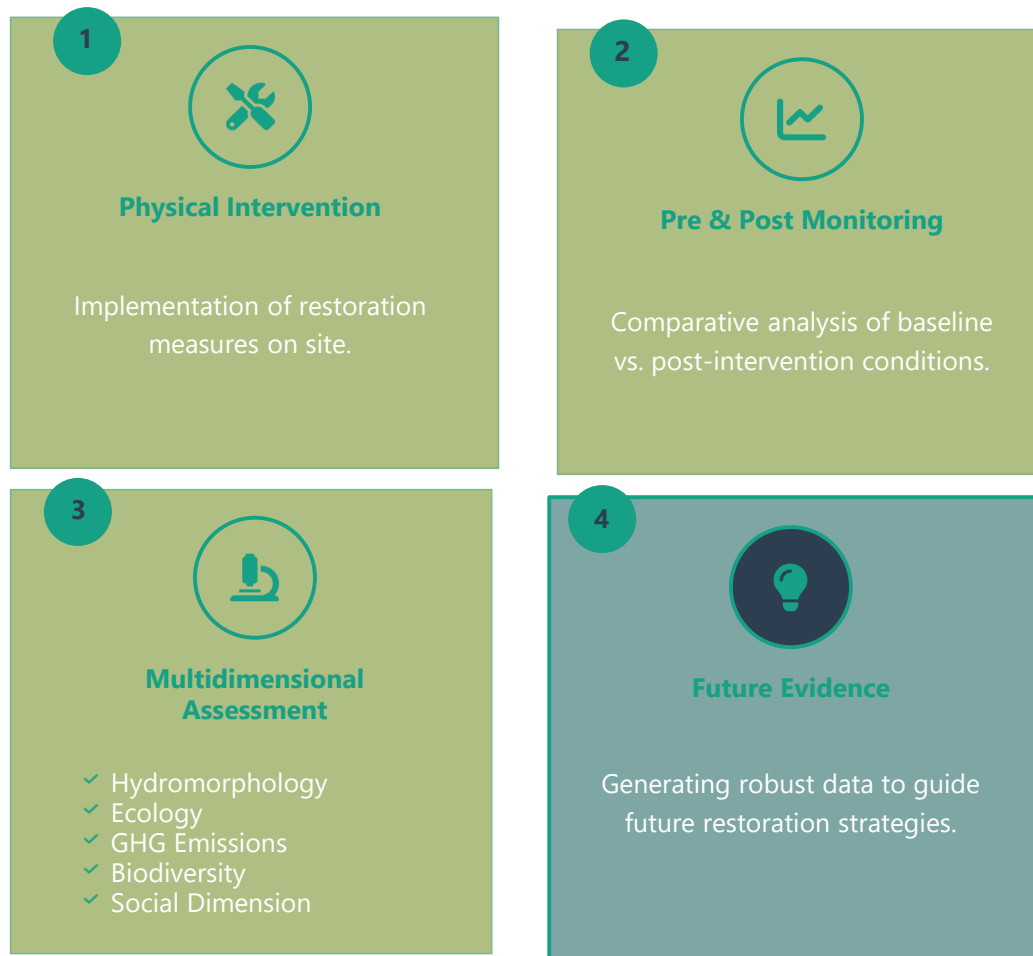
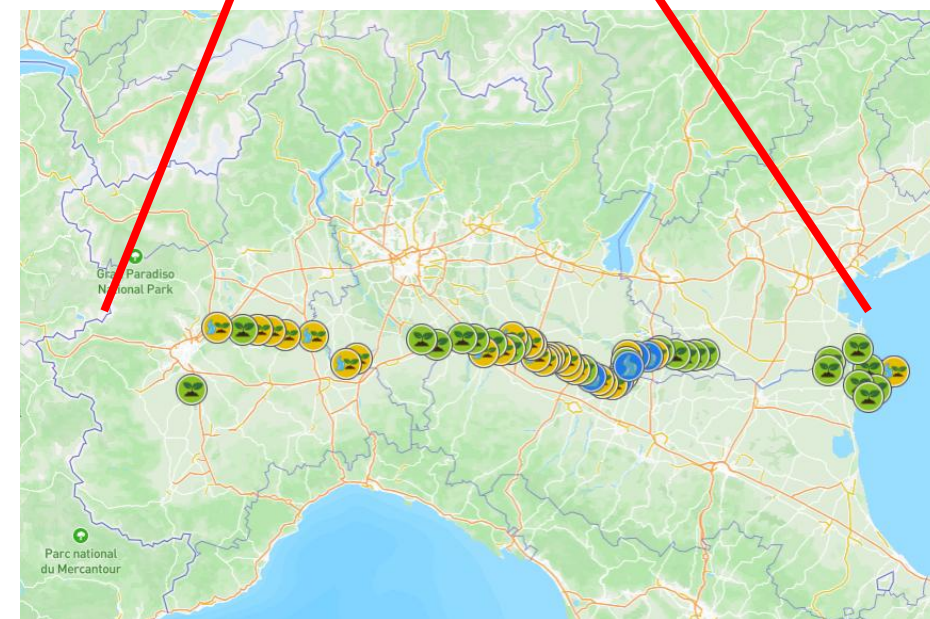
14 times > $\sim 4,000$ m³/s

264 times > $\sim 1,500$ m³/s

Discharge hydrograph of the Po River at Cremona, the reference gauging station for Gussola. Data updated as of 3 September 2026

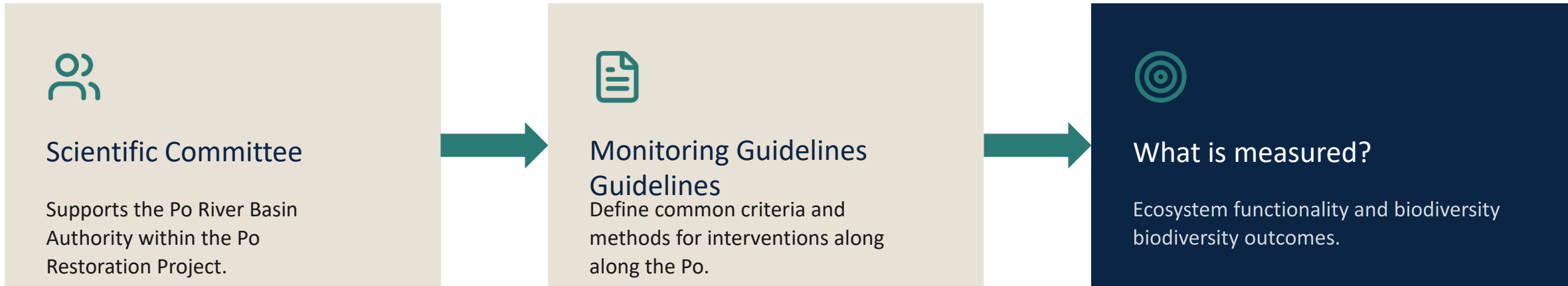
The intervention substantially increased the frequency of potential river–oxbow connection.

From restoration action to evidence



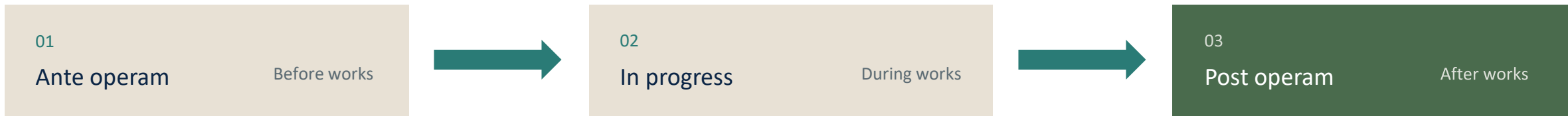
The **experience of the pilot case of Gussola** provided the methodological basis for scaling up

From pilot experience to basin-scale action



ASSESSMENT CYCLE

Monitoring needs to be embedded in restoration programmes—not added after implementation.



From pilot experience to basin-scale action

The Gussola experience provides relevant technical and monitoring knowledge for wider restoration efforts along the Po River.

A National Recovery and Resilience Plan programme is now extending restoration across the Po River.



€357 million

Programme investment



56 sites

Planned intervention sites along the Po River



27,984 ha

Area covered by the programme



2 million

Plantings (1,400 plants/ha)

What Does This Mean for River Basin Policy?

Basin-scale restoration is an operating model—not a collection of isolated projects.

01



Restore processes, not only habitats

Riverine wetland restoration should restore hydrological and morphological connectivity.

02



Integrate restoration into basin planning

Restoration measures should contribute simultaneously to water, biodiversity, flood-risk and climate objectives.

03



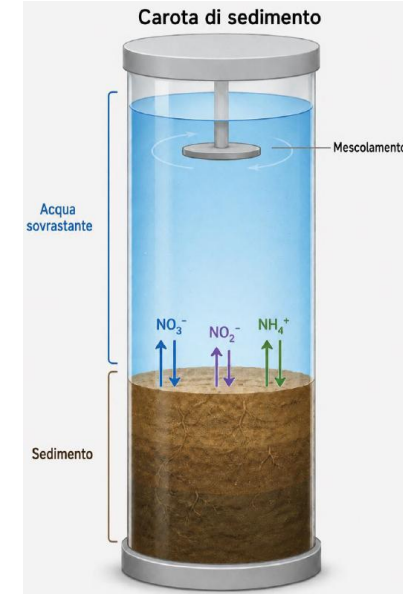
Turn pilots into transferable knowledge

Embed monitoring and evaluation so local lessons can guide wider action.

A biogeochemical/biodiversity perspective

What REWET allowed us to do, together with the National Recovery and Resilience Plan

Move from a laboratory scale to an *in situ* scale, and analyse the effects of groyne lowering and hydraulic connection between the largest Italian river and an oxbow lake



The Gussola oxbow lake



Before



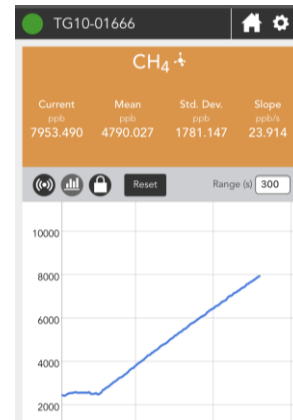
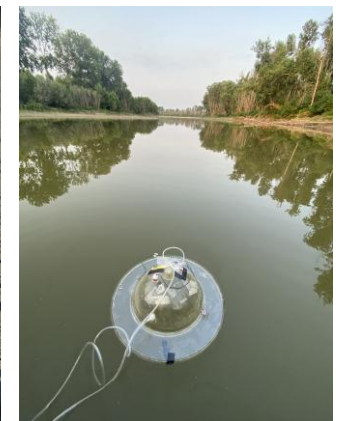
During



After

What did we measure?

- Sedimentary transport and biogeochemical features, water chemistry, GHG (CO_2 , CH_4 and N_2O) saturation and fluxes and biodiversity of the oxbow lake during periods of hydraulic isolation and connection
- GHG fluxes along gradients of organic matter and water saturation in sediments and soils

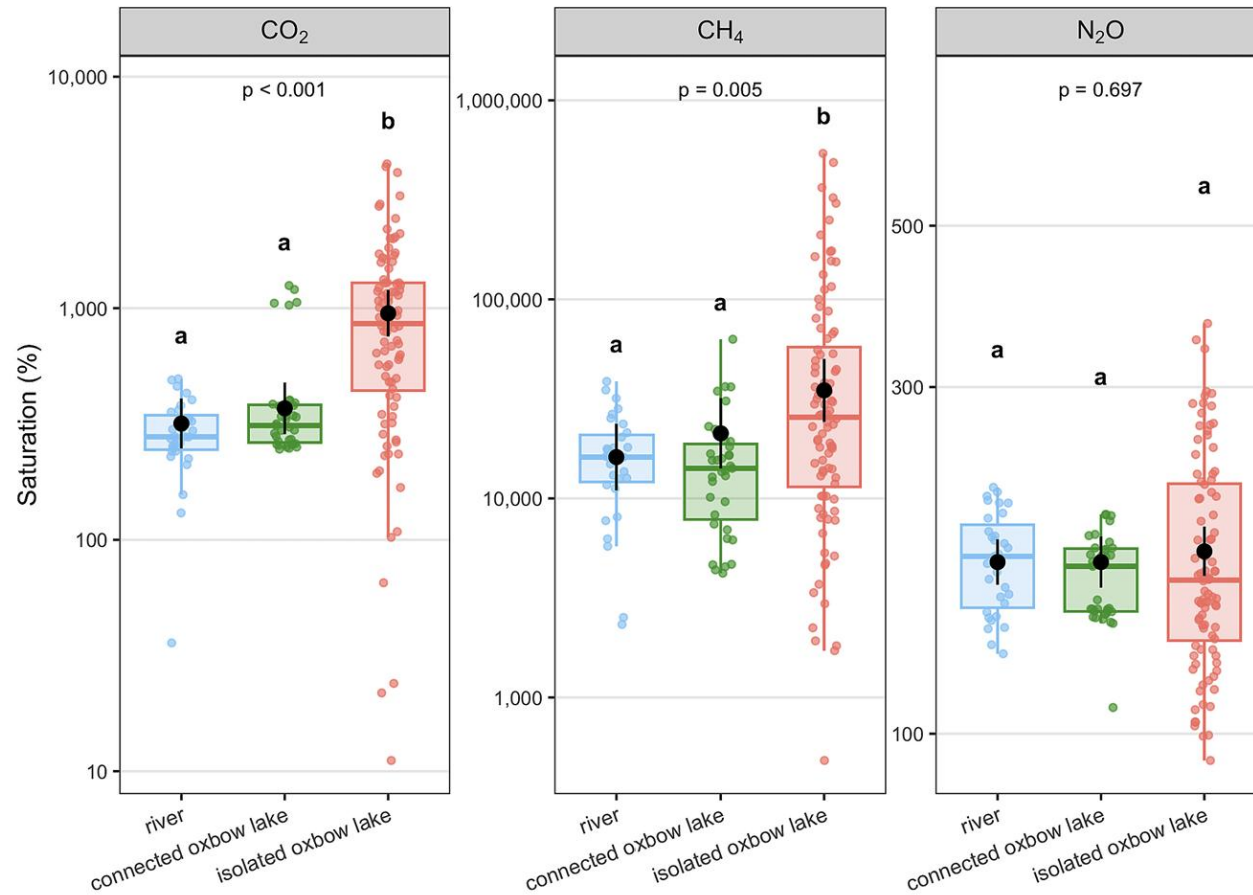
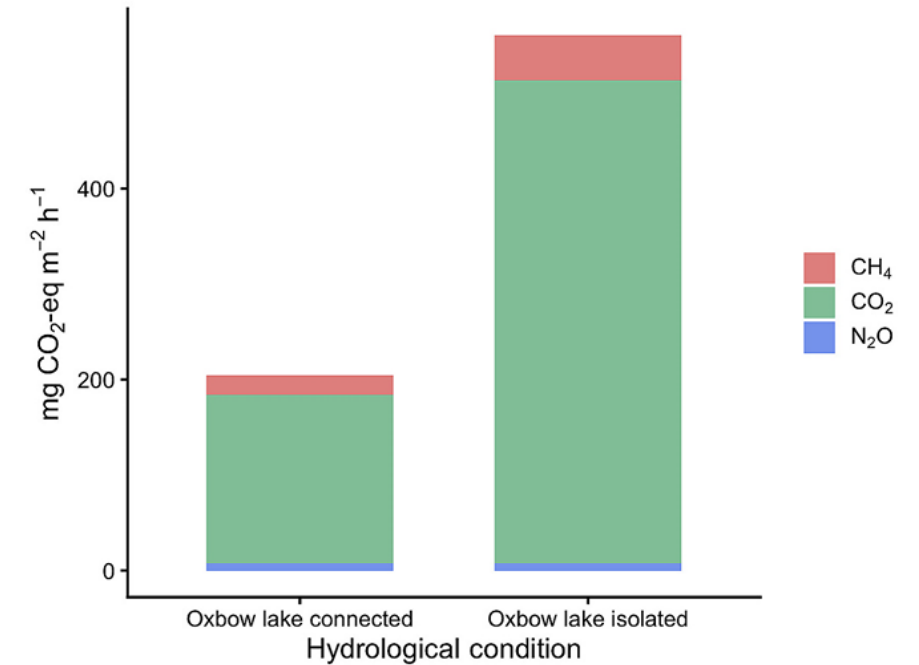


What did we find?

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Lowering a navigation groyne increases the frequency of flooding and reduces greenhouse gas evasion from an oxbow lake

Sara Benelli ✉, Bianca Maria Lecchini ✉, Marco Bartoli 👤 ✉ [Show more](#) ▾

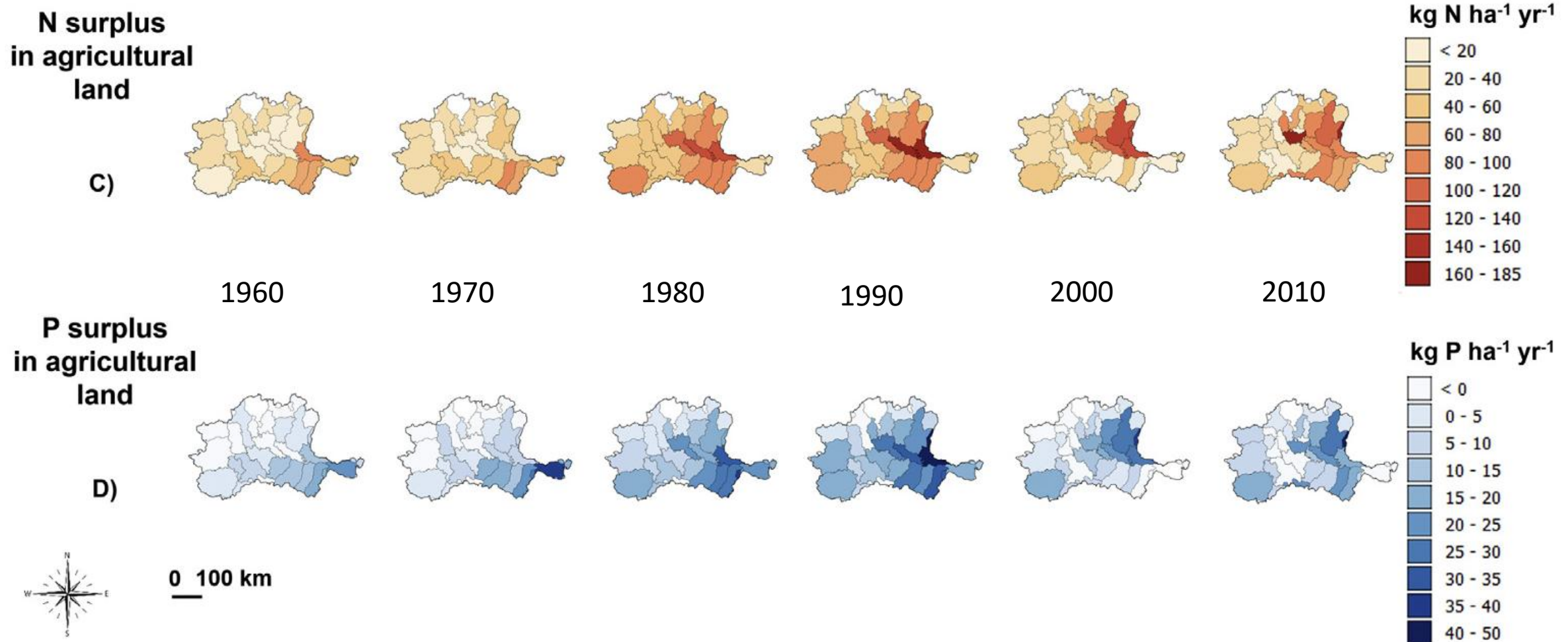


What did we find more?



- We also found signs of improvement in water chemistry in terms of oxygen, chlorophyll, and nutrients, as well as in biodiversity, in terms of aquatic insects, fish, and more.
- Despite these positive signs, the river and the oxbow lake remain in a precarious ecological condition, as these interventions may have been implemented too far downstream from the source of the problems, or because the reversal of eutrophication processes and biodiversity recovery are not immediate

What are the reasons of the low ecological quality?



Soil system budgets reveal large N & P excess

What are the reasons of the low ecological quality?



Oversimplification of agricultural landscape & Climate change

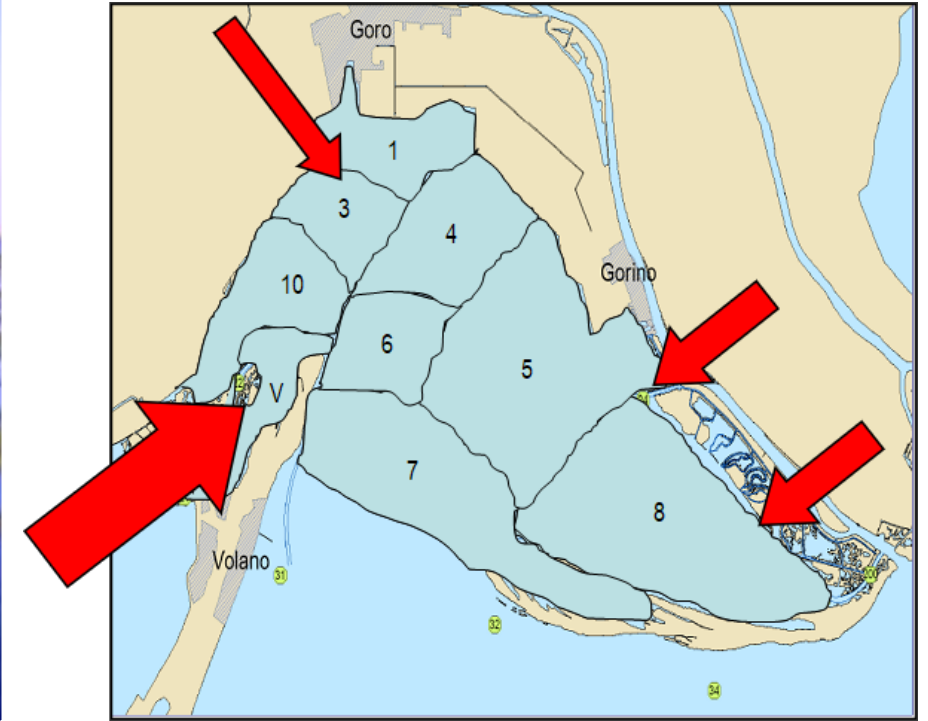
The first transition: from estuarine to inland biogeochemistry

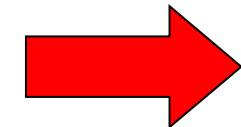


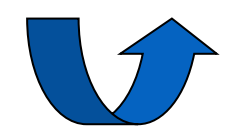
Valiela, 1995



Green tides



 N input: 2000 tons yr⁻¹

 Denitrification and
Algal uptake: 300 tons yr⁻¹

The second transition: from large rivers to small canals



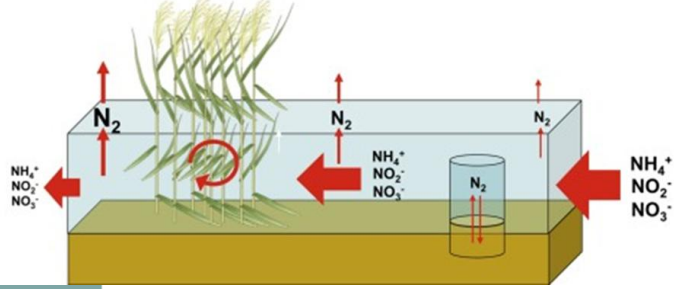
650 Km

A few interfaces

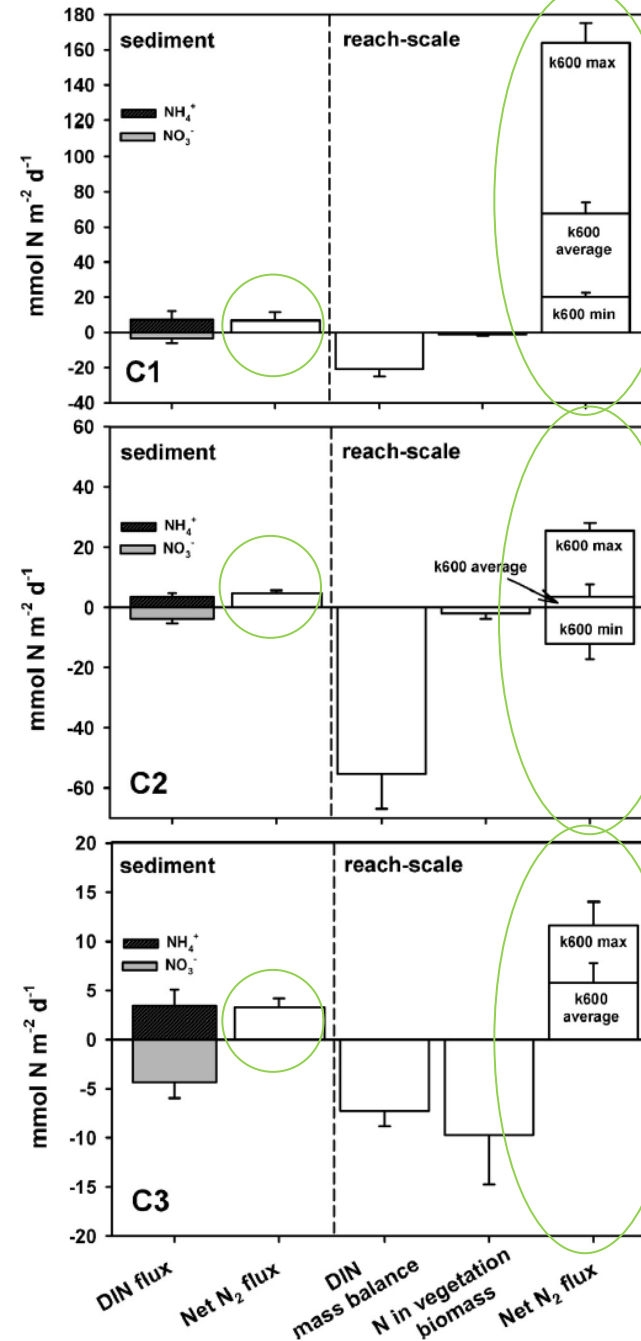


>50000 Km

A large number of interfaces



Vegetated, small
canals have an
impressive
potential for
nutrient
reduction and
biodiversity
increase



P. australis



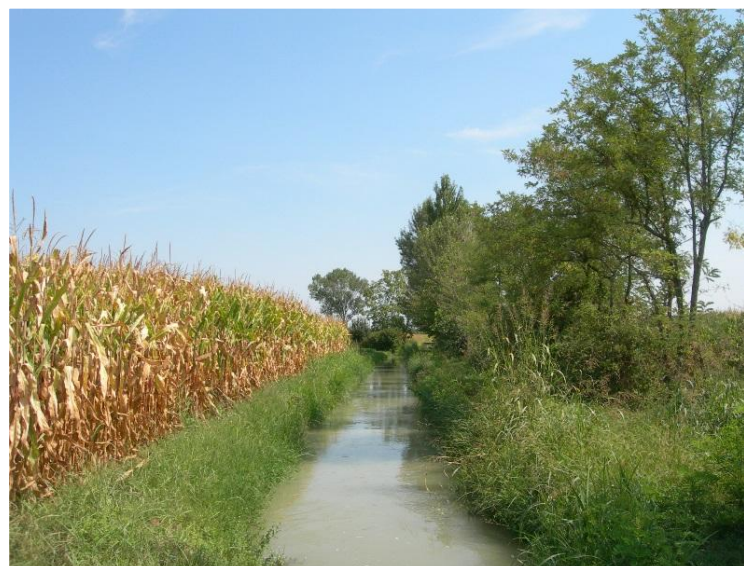
T. latifolia



G. maxima



They need to
be managed in
a different
way, to
produce basin-
scale positive
effects, with
little
investments



Conclusions

- The Gussola restoration action and REWET were a unique experience, which will be replicated along the Po River.
- However, the Po basin contains >50,000 km of canals with a high potential for “low-cost” and effective restoration actions. These interventions are based on the management of macrophytes and could generate cascading effects on several pollutants, biodiversity, native species, and greenhouse gas emissions.
- We need to act further upstream and less downstream if we want to see a significant change in the Po River basin and in other hypereutrophic, oversimplified and poorly biodiverse European basins.*

THANK YOU

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